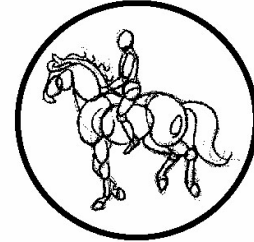


## **PONY PLAY** with EquesTraining

for boys and girls 3-6 years old



"Pony thrills lead to lifetime skills!"

**Pony Play** is a group class designed to successfully introduce children to the delights and benefits of learning riding and caring for ponies and horses. Through direct contact with the animals and the natural world, a child's curiosity and love of adventure is aroused. Guided activity stimulates the body and mind and creates the desire for learning. Children acquire self-control and confidence as they learn to master the steps to horsemanship.

Each **Pony Play** class offers skills in addition to riding. Children will learn about leadership by leading the pony, prior to giving directions mounted. They learn body parts by comparing them with their own bodies. They practice brushing a pony and improve personal grooming skills. Games and puzzles help children remember important information about the ponies and horses. Each child is allowed to learn and go at their own pace under the gentle direction of our 2 and 4-footed instructors.

Benefits to children involved in **Pony Play** may be social, mental, and emotional, as well as physical. By learning to use a rider's words of command and linking them to actions, children learn sequencing and cause and effect. Children feel the thrill of "pony power" and become aware of the power of their own behavior for good or chaos. Because ponies and horses are willing to please when asked the "right" way, children learn that good manners, hard work, and fair play bring rewards.

Riding horses and ponies during **Pony Play** improves fine and major motor skills in children. Constant adjustment to the horse's motion improves the rider's body tone, strength, and balance. The natural walking strides of a horse encourage sensory organization; the rhythmical trotting movement causes a stimulating, yet calming, effect on the rider. Purposeful actions replace random reactions as a child's ability to focus and concentrate develop, motivated through attention to the horse.

**Pony Play** lessons are available year round in our spacious, heated, indoor facility. We enjoy nature rides through the woods and meadows in pleasant weather and hold classes in the large outdoor arena and Pony barn. EquesTraining accepts almost all ages and levels of riders within our horsemanship and riding programs. A description of vaulting and our other instruction programs for older children and adults can be found on our website: [www.EquesTraining.com](http://www.EquesTraining.com)

**How to Register:** Download, print, and fill out the attached forms. A phone call is also appreciated. Make checks payable to **EquesTraining**.

**Mail to:** EquesTraining PO Box 1025 Franktown, CO 80116

**Contact:** EquesTraining, Star Hughes, #720-851-4925 or cell # 720-785-0980. Email to: shequestar@gmail.com

**Physical Address:** Stellar Stables, 11230 Daley Circle, Parker, CO 80134 (11 miles SE of Parker Rd. and Lincoln Ave. intersection). Daley Circle can be reached from either Hilltop Rd or Flintwood Rd.

**Cost:** Group price is \$25.00 per child per class. Class size is usually no more than 4 students. There is a \$5.00 discount for siblings or groups. Payment is by the month, in advance. Please make your check out to EquesTraining and send it with the registration forms to the PO Box. Private lessons are also offered at \$35.00 for a 30 minute session.

**What to Wear:** Comfortable play clothes and sneakers are fine for beginners, regular students should plan on a rider's uniform that includes jodhpur boots and riding tights or breeches. Cool weather calls for layers (nothing bulky) and pebble-palm gloves are good. We have child-sized helmets for loan to first timers; we recommend that you purchase one for your child as soon as convenient.

**What to Bring:** Water bottle, snack, sunscreen, Kleenex.

**Where to Park:** Parking is available in front of the main facility around the traffic circle or in open area adjacent to driveway around the stable perimeter. Please do not park next to the building (within 20 feet of the structure) or in front of any doors.

**Where to Go:** We will be meeting just inside the main building at Stellar Stables. There are bathrooms located both on the right hand side of the building and on the left. Please use "inside" voices and walk quietly so as not to disturb and riders and horses who may be working. Do not pet any horses without permission. Remember, the horses always have the right of way!

**PLEASE NOTE:**

**Pony Play** activities are a part of a professional equestrian program at this facility. Horses are being exercised and trained and lessons may be conducted by other instructors on the property at any time. In the interest of safety for all and as a courtesy to others, please do not allow your child or children to leave the designated class area, unless for a bathroom break and accompanied by an adult. A parent or a guardian must be present with the student during Pony Play class time. We are pleased to instruct parents on how to be good assistants and welcome them to class, also!

**TELL US!**

Please let us know if your child has allergies, is taking medication, or has any special needs or considerations. The health, happiness, and safety of our students is VERY IMPORTANT to us!

**Items for Sale:** We have an excellent paperback starter book for young riders on sale for \$8.00. Ask for your copy. We have a limited number of riding helmets for sale for \$35. Or, take a coupon for 20% off on riding boots and helmets at A Bit of Tack, located at the CO Horse Park on Bayou Gulch Rd. in summer and all year round at Pine Lane and Parker Rd.

**Events and Shows for Your Young Rider:** If your child becomes a regular Pony Play rider and you are interested in the opportunity for showing, please let us know and we can schedule an event to include him or her. Leadline Classes are the ones when everyone wins!

**A Pony of My Own!**

Ponies can be not only great friends and teachers but valued members of the family. If ownership of a pony is something you are considering, shop through us. We can decide on wants, needs, and goals, and find an equine within your range. Also consider the options of leasing or half-leasing a pony to cut the costs down to a manageable size. Remember that a kind, nicely trained pony generally holds its value and can be the best friend and teacher for practically a whole generation of children if loved and cared for....

